

Dementia and Your Caring Role

This program provides an understanding of dementia and how to care for someone living with dementia.

It includes strategies and resources for:

- communicating effectively
- meaningful activities
- understanding changes in behaviour
- making your home dementia-friendly
- the impact of caring for someone with dementia.

Suitable for: Family carers and family members of people living with dementia. This program is not suitable for professionals employed in the health or aged care sectors.



When:

Where:

Cost:

Additional information:

Find out more

National Dementia Helpline **1800 100 500**

Find us online **dementia.org.au**



For language assistance
call **131 450**